



Let us make your mission possible

Mission Possible 2024

We have some very exciting news for schools! We've opened applications for our 2024 [Mission Possible school achievement awards](#) which celebrate the work schools in Ireland do to promote positive [mental health and wellbeing](#), both in schools and the wider community.

Mission Possible is an initiative for primary schools, secondary schools and further education training centres (including Youthreach) all across Ireland.

Schools are in a unique position to reach young people and have a powerful opportunity to support young people's social, emotional, psychological and physical health. Wellbeing and learning go hand in hand. At Walk in My Shoes (WIMS), we believe in a whole school approach; that everyone in the school community has a role to play in supporting and promoting youth mental health and the wellbeing of the school community.

For this year's competition, we have something extra special for our champions – the winners receive a dedicated mental health and wellbeing support package, a role as WIMS School Ambassador, as well as a €1,000 cheque towards their school's wellbeing initiatives.

We will have one WIMS School Ambassador in each of our three categories. All schools have to do to enter is tell us about one mental health and wellbeing initiative that they are already running and what wellbeing mission they have planned for 2025.

For our School Ambassadors, we will provide each winning school with up to four hours of consultation and advice on their chosen wellbeing initiative. Let us make your mission possible!

Our winners of Mission Possible will go on to become our 2025 WIMS School Ambassadors. You will also be invited to an awards ceremony in January 2025 and will be presented with a trophy, certificate and cheque for your school!

Competition details

Our categories for this year's competition are as follows:

1. Primary school (including special schools)
2. Secondary school (including special schools)
3. Further Education Training Centre (FET) (including Youthreach)

Our winners will go on to each become our WIMS Ambassador for this academic year:

- Primary School WIMS Ambassador
- Secondary School WIMS Ambassador
- FET WIMS Ambassador

Check out our terms and conditions below for more information on the WIMS School Ambassador role!

Our judges

Judges for Mission Possible 2024 are:

- Paul Gilligan, Chief Executive Officer of St Patricks Mental Health Services (SPMHS)
- Trish Harrington Guidance Counsellor and Anti Bullying Co Ordinator in St Patrick's Cathedral Grammar School
- Sinead Smith, Teacher in Willow Grove Adolescent Unit of SPMHS.

What is a WIMS School Ambassador?

We want to help schools to further spread positive mental health messages.

Every year, through our Mission Possible school achievement awards, we see amazing, creative, and impactful initiatives from our school entrants. This year, we want to spread the message even further, giving schools the opportunity to become our WIMS School Ambassador and sharing your great work widely with our network!

When entering the 2024 Mission Possible School Achievement awards, schools will outline one key wellbeing mission (initiative) that they would like to implement in 2025.

As our WIMS School Ambassadors, we will work alongside schools to provide guidance and support on this initiative and provide a €1,000 prize to help you to bring your wellbeing mission to life!

As our School Ambassador, you will provide updates on your wellbeing journey on our [School Portal](#) to inspire other schools and keep the conversation around positive mental health going. We will share your progress and amplify the amazing work you are doing with our social networks. We will also send a wellbeing pack to your school with lots of positive mental health goodies!

Terms and conditions (WIMS School Ambassadors)

- We will provide email/ Microsoft Teams consultation on one key initiative and will endeavour to get back to schools within five working days.
- We love to hear your ideas and we are available to provide up to four hours of consultation support per School Ambassador winner.
- As our School Ambassador, your school will represent WIMS, rather than an individual student or teacher.
- We will work with the teacher who originally entered the competition as our point of contact on your school's wellbeing initiative. It is not possible to split the consultation across multiple teachers or multiple initiatives. However, your colleagues who are supporting with implementing the wellbeing initiative are of course welcome to join your calls with our team.
- As our WIMS School Ambassador, we would ask that you provide three updates on the initiative on our school portal, so that other schools can be inspired to take on their own wellbeing initiatives. These three posts would include a brief outline of the planning of the initiative, an update on the implementation of the initiative and finally we would love to see you share pictures, learnings any key considerations for other schools looking to try something similar!
- We will only be available to consult on the wellbeing initiative that was originally submitted as part of your Mission Possible entry.

- Cheques will be made out to your school, and prize money is intended for use to further your school's wellbeing mission.
- WIMS Ambassador roles are for each winner in our three categories. Runners-up will receive €500, a trophy and certificate but will not act as a WIMS School Ambassador or receive consultation support or a wellbeing pack from WIMS.