



Social Media Competition

Thank you for your interest in the #MindYourSelfie campaign and competition from Walk in My Shoes (WIMS).

Entries to the competition can be made through Facebook, Twitter and Instagram on Wednesday, 11 May 2022. To enter, please share with us your favourite place in nature that helps you to boost your wellbeing, posting a photo or video on your Facebook, Twitter or Instagram feed using the hashtag #MindYourSelfie and tagging WIMS.

You can find WIMS on Twitter (@walkinmyshoes), Instagram (@stpatricks_wims) and Facebook (@walkinmyshoes).

Please note that, by entering the competition, you are indicating your agreement to the terms and conditions below.

Terms and Conditions

1. The promoter is WIMS, registered at St Patricks Mental Health Services (SPMHS), St Patrick's University Hospital, James' Street, Dublin 8, D08 K7YW, Ireland.
2. The competition is open to residents of the island of Ireland aged 16 years or over, except employees of the SPMHS Communications Department, who are directly involved in organising the competition. Additionally, there are separate competitions for primary and secondary schools, and, as a result, they will not be eligible for this competition.
3. There is no entry fee and no purchase necessary to enter this competition.

4. Only one entry will be accepted per user on each social channel. Multiple entries from the same user on each channel will be disqualified.
5. Entries must be posted between 12am and 4pm on Wednesday, 11 May 2022. After this date and time, no further entries will be permitted. WIMS cannot accept responsibility for entries not received for whatever reason.
6. By entering, participants agree to have their submitted names and Facebook, Twitter and Instagram user identities displayed on the WIMS Facebook, Twitter and Instagram channels for the purposes of the competition and to announce the winner of the competition, without any fee or other form of compensation.
7. WIMS reserves the right to cancel or amend the competition and these terms and conditions without notice. Any changes to the competition will be notified to entrants as soon as possible.
8. The prize details are as follows:
 - A. There will be one winner.
 - B. The winner will receive a €200 One4All voucher.
 - C. The prize is as stated and no cash or other alternatives will be offered.
 - D. The prize is not transferable.
 - E. WIMS reserves the right to substitute any prize with another of equivalent value without giving notice.
9. The winner will be chosen at random by software, from all entries received and verified by WIMS.
10. The winner will be notified by direct message on Twitter, Facebook or Instagram within 24 hours of the closing date. If the winner cannot be contacted or does not claim the prize within 72 hours of notification, WIMS reserves the right to withdraw the prize from the winner and pick a replacement winner.
11. WIMS will notify the winner when the prize can be dispatched. The voucher will be delivered by text message or email, as provided by the winner. WIMS takes no responsibility for the prize once it has been dispatched.
12. WIMS' decisions in respect of all matters to do with the competition will be final and no correspondence will be entered into.

13. The winner agrees to the use of their name and image in any publicity material. Any personal data relating to the winner or any other entrants will be used solely in accordance with current data protection legislation and will not be disclosed to a third party without the entrant's prior consent.
14. This promotion is in no way sponsored, endorsed or administered by, or associated with Facebook, Twitter or any other social network. Information provided to WIMS will be treated as under with the [WIMS Privacy Policy](#).
15. WIMS retains sole discretion as to what constitutes inappropriate content and may delete images and comments which are deemed to contain such content.